

Mickleover Primary School

		Meaty Main	Veggie Express	Carbs	Market Vegetables	Deli Special	Sandwich	Yummy Puddings
W1  27th Feb 20th March 24th April 15th May	Mon	Sausages and Gravy	Quorn Sausages and Gravy	Mashed Potato and Yorkshire Pudding	Mixed Vegetables	Egg Mayo Wrap	Ham or Cheese Sandwich***	Jam Sponge with Custard
	Tue	Cheese Pizza***	Pasta with Tomato Sauce and/or Cheese	Herby Diced Potatoes	Carrots and Sweetcorn	Jacket Potato with Cheese and Beans	Ham or Cheese Sandwich***	Natural Greek Yoghurt with Shortbread Biscuit
	Wed	Beef Braised in Gravy	Vegan Fillet Braised in Gravy	Roast Potatoes and Yorkshire Pudding	Broccoli and Cauliflower	Macaroni Cheese	Ham or Cheese Sandwich***	Chocolate or Raspberry Mousse
	Thu	Coconut Chicken Curry	Vegetarian Spring Roll	Rice and Naan Bread	Peas and Sweetcorn	Cheese Quesadilla	Ham or Cheese Sandwich***	Carrot Cake
	Fri	Fishcake	Vegan Sausage Roll	Chips	Baked Beans or Mushy Peas	Sausage Roll	Ham or Cheese Sandwich***	Jelly (vegetarian available)
W2  6th March 27th March 1st May 22nd May	Mon	Big Breakfast	Vegetarian Big Breakfast	Potato Waffles and Hash Brown	Baked Beans	Chicken Pasta Bake	Ham or Cheese Sandwich***	Chocolate Sponge with Custard
	Tue	Mild Chilli Tacos	Mild Quorn Tacos	Rice	Carrots and Sweetcorn	Jacket Potato with Tuna Mayo or Cheese and Beans	Ham or Cheese Sandwich***	Natural Greek Yoghurt with Strawberry Compote and Meringue
	Wed	Roast Chicken with Gravy	Roast Vegan Fillet with Gravy	Roast Potatoes and Yorkshire Pudding	Mixed Vegetables	Ham and Cheese Croissant***	Ham or Cheese Sandwich***	Pineapple Upside Down Cake
	Thu	Pasta with Tomato Sauce and/or Cheese	Cheese and Baked Bean Quesadilla	Garlic Bread**/***	Broccoli, Peas and Carrots	Macaroni Cheese	Ham or Cheese Sandwich***	Apple Crumble with Custard
	Fri	Fish Fingers	Cheese Toasty***	Chips	Baked Beans or Peas	Ham and Cheese Toasty***	Ham or Cheese Sandwich***	Chocolate or Vanilla Ice-cream
W3  13th March 17th April 8th May	Mon	Chicken Bites with Sweet and Sour Sauce or Katsu Curry	Vegan Bites with Sweet and Sour Sauce	Rice	Cauliflower and Mixed Vegetables	Pasta with Tomato Sauce and/or Cheese	Ham or Cheese Sandwich***	Lemon Drizzle
	Tue	Beef Burger with or without Cheese	Vegetarian Burger with or without Cheese	Potato Wedges	Peas and Sweetcorn	Jacket Potato with Cheese and Beans	Ham or Cheese Sandwich***	Natural Greek Yoghurt with Coconut and Honey Granola
	Wed	Chicken Curry	Quorn Tikka Masala	Rice and Naan Bread***	Broccoli, Peas and Carrots	Cottage Pie	Ham or Cheese Sandwich***	Chocolate or Strawberry Milkshake with Popcorn
	Thu	Beef Bolognese with or without Cheese	Quorn Bolognese with or without Cheese	Pasta and Garlic Bread**/***	Peas and Sweetcorn	Jacket Potato with Tuna Mayo or Cheese and Beans	Ham or Cheese Sandwich***	Chocolate Brownie
	Fri	Battered Fish	Cheese Panini***	Chips	Mushy Peas, Spaghetti Hoops and Curry Sauce	Ham and Cheese Panini***	Ham or Cheese Sandwich***	Flapjack

Did you know, here at Mickleover we have Home baked **Breads, Salad Bar, Fresh Fruit** and chilled drinks are also available daily.

We're committed to using a minimum of 5% **organic produce!**

Oh and all of the tasty fish has been caught sustainably, approved by the MSC.

Menu may be subject to change without prior notice

Fresh fruit and vegetables are subject to seasonal variation

Dont forget about our **Themed Menus!**

2nd March



World Book Day

TBC May

Kings Coronation